



Elite PEMF Wellness

*Specializing in the Performance Sport Horse & Rider, People and Pets  
Pulsed Electromagnetic Field Therapy*

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# Pulsed Electromagnetic Field Therapy

## What happens during a PEMF treatment?

The PEMF device sends a pulsing magnetic field through a soft, flexible rubber coil up to 16 inches deep into the body.

As the pulsing magnetic field pulses on, the cell membrane is gently pulled by the magnetic field. On the off phase of the pulse, the cell membrane is relaxed. As the cells expand and relax, the cell membrane becomes more permeable, allowing the cell to release waste, toxins, and inflammation and receive oxygen and nutrients. This receiving of oxygen and releasing of waste is what increases the natural charge of the cell. As the cell reaches its natural charge, the message of pain to the brain is reduced and the cells return to optimal health. **This cellular exercise is what is profoundly beneficial and unique to PEMF. Because the magnetic wave affects only the cells that have a low level of charge, the damaged cells are the only ones that show pulsing or twitching. Because of this, the PEMF is very effective in detecting the location of the damaged cells, i.e., areas of soreness.**

## How long does a treatment take?

Normal treatment time is 30-45 minutes for equines, 20-60 minutes for humans and small animals depending on how many areas are sore and how chronic the soreness or injury is.

## How is a PEMF Therapy Treatment performed?

Using a soft, flexible rubber "loops" the PEMF device is gently placed over the body. This coil sends a wide, magnetic field up to 16 inches deep into the body to the cellular level. As the coil is placed on or over the body, the magnetic pulses are adjusted to a very comfortable level. It is safe and non-invasive. No medication or sedation is required. **Horses LOVE PEMF therapy!**

**People and animals find the treatment very relaxing as the pulsing relieves pain and releases inflammation within minutes of treatment and often refer to it as being as relaxing as a "Spa Treatment" or Massage.**

## Testimonials

*Thank you again Cassandra Snell for the 2nd treatment on my Shay! Cannot believe the difference the PEMF system makes before a workout! Horse friends if your horse has any tissue injuries, stiffness, or just general soreness I highly recommend giving this system a try!*

-Linzi Richards

*A huge thank you to Cassandra Snell with Elite PEMF Wellness for treating Pedro today. After his first show in over a year he needed this. Sarah Ann can't wait to get on him tomorrow.*

-Rebecca Bowman

*My horse Xander is rehabbing a suspensory lesion so he is being treated with PEMF on his leg along with the rest of his body! He was pretty sore along his back/ribs but definitely got better with the treatment! He was treated on Monday and was a much more pleasant horse to be around today! I'm really happy with how he is feeling. :)*

-Ella Swales